

# R.C.P.

## *A ReCiPe for Spiritual Health*

### *The Acts of the Apostles: Unit 2, Week 5*

#### **Theme - What is true repentance that leads to eternal life?**

- Dying to self, turning from sin and living a new life according to God's will of wholehearted joy in God through Christ.

#### **Key Verse**

- "I am sending you [to the nations] to open their eyes, so that they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith in me."  
Acts 26:17b-18

#### **Intro**

- After sitting in jail for years, Paul appeals to Caesar. While he is awaiting trial, he preaches the gospel to King Herod Agrippa, is caught in a sea storm for fourteen days, is shipwrecked, bitten by a viper, all before he finally arrives in Rome. Acts closes with Paul freely preaching the gospel in Rome.

#### **Reading**

- Acts 25:1-28:31

#### **Questions**

- How do Paul's difficulties contradict the common view that God will "open a window/door" for you to follow His will for your life?
- What then is God's will for us that we should follow regardless of difficulty?

#### **Confession**

- God's will for us is to live lives of wholehearted joy in Him through Christ. Confess to God and others how you have allowed circumstance, both good and bad, to be the main thing that influences your joy. Talk with your group or think about how you can tell others of the joy of Christ this week and going forward.

#### **Prayer**

- Ask God to give you the wisdom to see opportunities to share the gospel and the courage in Him to do so faithfully, regardless of difficulty. Praise God for the truth of the gospel and the opportunity to be a part of His kingdom's advancement.